

### St Winifreds Care Home

# Food tasting and flower arrangements and at St Winifreds Care Home



On Tuesday 29 September our residents spent their afternoon preparing some nibbles of crackers, cheeses, hams and dips to sample, during an Italian food tasting session.

They enjoyed them with a variety of drinks including gin and tonic, red wine and brandy and coke, which they thoroughly enjoyed.

#### Flower arranging and autumn pictures

Our ladies at **St Winifreds** have also recently enjoyed putting together some lovely **bright flower arrangements**, which look so fantastic displayed in our **Home**. They've also been busy with some **autumnal colouring** with pretty leaf pictures.

And who doesn't love a game of bean bag target practice! We had fun as we tested our aiming skills!



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