

## From scones to sing alongs at St Winifreds Care Home



**We've enjoyed a lovely selection of activities with our residents recently here at St Winifreds Care Home.**

On Tuesday 27 October we hosted a tasty **afternoon tea**, when our ladies and gents all enjoyed some delicious cheese scones, or fruit scones with clotted cream and jam, with a nice cup of tea. This went down a treat and it was wonderful to see everyone tucking in!

We had a fun filled afternoon on Thursday 29 October, when we organised a **range of sports events**, which included hoopla, tin can alley, darts and dice games, with prizes for 1st, 2nd and 3rd place. Our residents had a great time – with a tipple to drink mid way through – and we enjoyed lots of laughs!

During **Halloween**, Our Activities Coordinators Julie and Jess visited each of our residents for **trick or treating**, taking lovely sweets for them to enjoy. In the afternoon we cut and scooped out our pumpkins ready for the evening.

On Wednesday 4 November we had a **dance to music, with rhythm sticks** and big smiles! Our residents and staff really enjoyed the music and singing along to Vera Lynn.







