

Making pen pal gift bags at St Winifreds Care Home



Music and movement

Residents here at St Winifreds Care Home enjoyed a music and movement session with ribbon sticks and wrist bells on Wednesday 18 November. They danced and sang and smiled all the way through!

Oo la la!

We also held a **French themed afternoon** on Thursday 19 November with a variety of French food and drinks; it went down a treat! We listened to French music and had a good sing song.

Christmas gift bags

Our ladies and gents had a great time **decorating gift bags for their pen pals** at the local nursery on Friday 20 November; They are very excited at the thought of their pen pals receiving these. We will be sending them a little present and a Christmas cards from our residents very soon.



Our ladies loved music and movement and the tasty French foods!