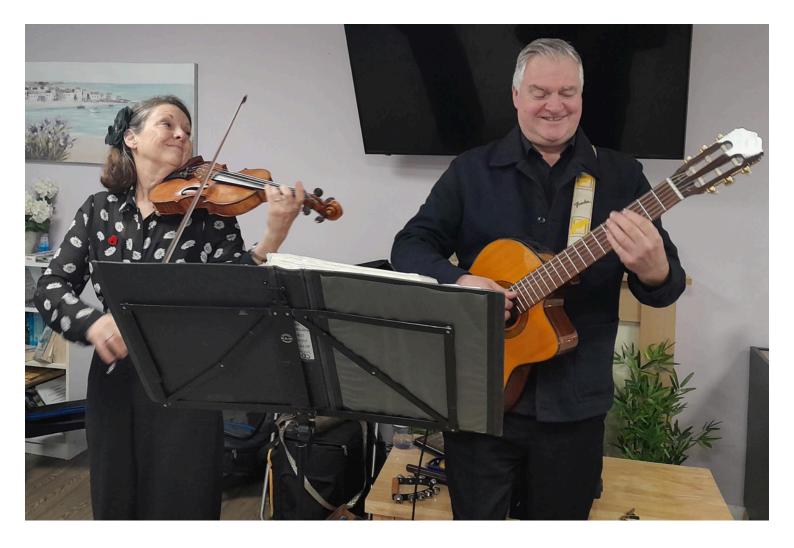


Music and movement at St Winifreds Care Home



Music 4 Health

What a lovely Christmasy visit we had with Stella from Music 4 Health last week at St Winifreds Care Home.

We played lots of **Christmas music** and donned some **festive headbands**, joining in singing and dancing with our pom-poms. *Great fun!*

Java Jive

Christmas songs were the order of the day when Java Jive visited us on Tuesday too!

We all enjoyed a great morning singalong with festive music - such a jolly session!



St Winifreds Care Home



Our residents loved joining in