

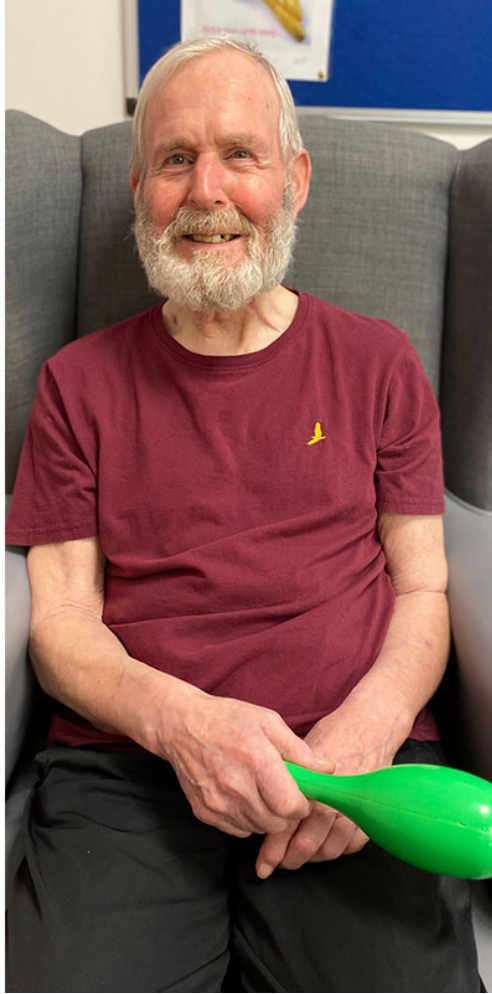
Music for Health and knitting at St Winifreds Care Home



Musical morning

On Friday 23 June at St Winifreds Care Home, we enjoyed a lively morning of music with Stella from 'Music for Health'.

Everyone joined in shaking pom-poms, musical instruments and banging plates together and had a great time singing along to the music. Come back again soon Stella!



Knitting Club

In the afternoon some of our residents enjoyed **watching the tennis on television** whilst a couple of our ladies joined in with our Knitting Club. One of the ladies was new to the group and was excited to hear that we are making **knitted items for special care babies**.



