

Nail pampering at St Winifreds Care Home



Our ladies at St Winifreds Care Home always love a pamper session and along with our in-house hairdresser, our Recreation and Well-Being team members do a great job of keeping their nails looking beautiful, which helps build pride and self-esteem.

We enjoyed a sociable nail pampering session this week over a cuppa and chat – *what a great way to enjoy a Tuesday morning!*