

Sensory exploration and fun games at St Winifreds Care Home



Sensory exploration

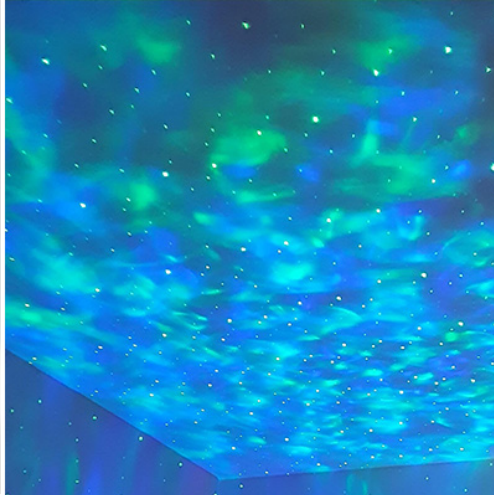
We started the day on Friday 26 March at St Winifreds Care Home with a relaxing sensory session, where we played relaxing music. We transformed the lounge with a soothing light show and residents found the whole experience very calming.

Games afternoon

Residents thoroughly enjoyed a variety of **fun games** in the afternoon; we played **hoopla**, throwing and catching giant **yellow dice** and a **target game** with tennis balls and a velcro target.

Making Easter cards

Residents also enjoyed making **Easter cards** for their loved ones on Saturday 27 March, writing special messages inside. We hope these bring a smile to our families' faces this weekend!



The LED light show creates a very relaxed vibe