

Sensory relaxation and bingo at St Winifreds Care Home



Sensory relaxation

Our residents enjoyed an afternoon of relaxation, with a sensory session combining magical lights and calming music here at St Winifreds Care Home.

Our ladies and gents relaxed with **hand and foot massages**, along side a lovely cup of tea or coffee.

The **calming music** helped our residents relax and enjoy a nice chilled afternoon.

National Bingo Day

Everybody enjoyed a **Sunday afternoon of bingo** on Sunday 27 June as we celebrated **National Bingo Day!**

It was '*eyes down for a full house*' as we played our rounds. Our residents chatted and had a lovely afternoon catching up together, with tea and crisps

They were excited to **win prizes** too! *Great fun!*



We love a game of bingo!