

Singalong and table top games at St Winifreds Care Home



Singalong

What a great afternoon we had on Wednesday 1 February, when we stretched our voices with a good old-fashioned singalong here at St Winifreds Care Home.

We got out our **musical instruments** and our residents took it in turns to try all the different ones on offer. Everyone enjoyed a lively time singing along to Elvis, Cliff Richard and Buddy Holly, as well as some old favourites including the classic 'My Old Man's a Dustman'!

Games

During the day we also enjoyed some games together. Working alongside one another to communicate and help each other, we rolled the **ball** to each other saying the name of the person.

We also rolled a **big dice** to see who could get a six or the biggest number.

We all enjoyed this activity and it was great exercise for our arms and hands.

