

## St Winifreds Care Home raising awareness around menopause



### World Menopause Day

St Winifreds Care Home acknowledged World Menopause Day on Wednesday 18 October with a decorated 'Jolly Trolley' and pink treats for team members and residents.

**Nellsar Care Homes** have a predominantly female workforce making it extremely important to create a proactive approach and supportive culture around menopause and how effects individuals in the workplace.















