

## St Winifreds Care Home residents cruise to France



**Once again our St Winifreds Care Home residents set sail on their Nellsar Cruise, last week docking in France.**

They stopped off at 'Café La St Winifreds' to enjoy a **breakfast of croissants, cereal and refreshments** and sat listening to French music – everyone commented how nice it was.

**On speaking with residents in their rooms, we got some lovely feedback about their own trips to France;**

**Lewis** said that he'd travelled all around the South of France, including travelling to Nice in 1954 for Entente Cordiale (British week). He marched the streets and made a programme in Nice with the Royal marine band with whom he played the base drum.

**Barbara** said she loved going on the P&O ferry £1 day trips with her daughter Susan.

**Marj** enjoyed a long weekend with a friend in France and they had beautiful food and went up the Eiffel Tower where the view was amazing!

**Gordon** worked on the Dover to Calais ferries for years and remembers serving lots of French people.

**Margaret** said she used to go to France 'back in the day' when it was all so reasonably priced. She enjoyed days drinking in the sun with her brother and sister-in-law.



*At lunchtime our residents enjoyed a delicious French-themed menu of;*

**Main**

*Coq Au Vin*

*Classic French stew*

*Mixed bean and vegetable cassoulet*

*Dauphinoise potatoes and Jardine vegetables*

**Dessert**

*Gypsy tart*

*Profiteroles and cream*

*Fresh fruit and cream or ice cream*

Residents thoroughly enjoyed their lunch and pudding and couldn't thank our Kitchen Chefs and staff enough for such a lovely French cuisine experience.

After lunch we enjoyed an afternoon of **crosswords**, a **French quiz** and **themed music**. *Magnifique!*



Café La St Winifreds!

