

St Winifreds Care Home residents enjoy a pamper afternoon



On Monday 26 October, our residents enjoyed an afternoon of relaxation at St Winifreds Care Home.

They were pampered with aromatherapy oils, soothing music, hand massages, head massages, nail care – *together with a cheeky brandy and coke, or gin!*

We even pulled the curtains and used some star-like lights to add to the peaceful mood.

Everyone loved the experience and we loved making our residents feel so relaxed.