

St Winifreds Care Home residents enjoy a pub outing



Pub outing

On Wednesday 30 December, a group of our St Winifreds Care Home residents took a trip out to our local pub.

They enjoyed the **minibus** ride and ordered a **tipple or a hot beverage at the pub**, enjoying some lovely social time together.

What a great way to spend a Wednesday afternoon!

Lend a hand and music

On Tuesday morning our residents enjoyed assisting Janet from our laundry with folding clean towels and flannels. They really got stuck in and thoroughly enjoyed being useful and **lending a hand**.

Afterwards, we got out our **musical instruments** and had a **singalong**.

What great exercise for both our hands and voices!



Many hands make light work and great music!