

St Winifreds Care Home residents enjoy Music 4 Health and singer Barry Goss



Music for Health

We've enjoyed another great visit recently from Stella, from Music 4 Health here at St Winifreds Care Home.

We loved shaking our pom-poms and tapping rhythms on our plates! With an old-fashioned singalong and a quiz, what a great way to wake ourself up in the morning!

Barry Goss

The 1960s here we come, with talented musician Barry Goss. From Elvis to Buddy Holly, we loved raising the roof with our singing.

Thanks for a great time Barry!